



Ulman 10 Year Metric Century Ride Cue Sheet



PLEASE READ - IMPORTANT INFORMATION:

- **ORANGE** ROAD MARKINGS FOR METRIC CENTURY
- **RED** ROAD MARKINGS FOR 20 MILE
- Roads are open to traffic – please ride safely and obey rules of the road (some major intersections at start of ride may be supported by police)
- Lead cyclist, Sag Van and Road Support provided by Princeton Sports for both rides
- Finish line hydration provided by Smart Water/Vitamin Water



Notes

	Start at Merriweather to begin the "official" Ride	0 miles
	X LPP onto Hickory Rd	0.08 miles
	L at Martin Rd	0.19 miles
	Follow to Freetown Rd	0.75 miles
	R at Freetown	2.03 miles
	R at light at Cedar Lane	3.04 miles
	X LPP and past HCGen Hosp	4.35 miles
	L at Harpers Farm Rd	4.8 miles
	X RT 108 to Homewood	5.89 miles
	R at Folly QTR "Round"	8.12 miles
	L at Carrol Mill Rd	9.21 miles
	L at Traidelphia Rd.. NOW we Climb!!!	10.84 miles
	R onto Triadelphia Rd	13.32 miles
	AID STATION at Folly Qtr Middle School	13.42 miles

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X Over Rt 32	13.6 miles
Straight thru " Round "	13.68 miles
R at Sharp Rd	14.95 miles
Straight ahead onto Shady Lane then Straight at Stop onto Burnt Woods at Church	16.7 miles
L at Hobbs Rd	16.9 miles
L at McKendree	18.2 miles
X Rt 97	18.65 miles
Straight on to Carrs Mill Rd	18.73 miles
L at Bushy Park .. The Wall !!	20.88 miles
L Daisy Rd	21.42 miles
R Ed Warfield Rd	22.98 miles
R Jennings Chapel	24.43 miles
Bear Left at Florence Rd	25.8 miles
X Woodbine (Rt 94) and CLIMB !	26.39 miles
Left at top onto Florence	27.43 miles
Bear R at Shaffersville Rd	27.87 miles
L at Long Corner	29.51 miles
Thru and bear right at "Round"	30.52 miles
R at bottom of hill onto Bennett	31.08 miles
Straight becomes Griffith Rd	31.51 miles
R onto Rt 144	32.3 miles

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 AID Station at Mt AIRY Bike Shop	32.64 miles
R at Long Corner Rd	34.36 miles
L at Hardy Rd	34.75 miles
X ST Michael's	36.33 miles
X Rt 144	37.17 miles
R at Old Frederick Rd	37.55 miles
Through Round at Woodbine (Rt 94)	39.02 miles
 AID STATION Option at Highs Store	39.09 miles
X Morgan Station Rd	40.17 miles
Stay in Old Frederick	41.06 miles
R onto Rte. 97 South	42.57 miles
L onto Old Frederick	42.68 miles
Bear right at Forsythe/Frederick	43.04 miles
Follow and X Rte. 32	46.62 miles
Straight onto RT 99	46.76 miles
R Marriottsville	49.47 miles
X RT 40	50.95 miles
L at Rt 144	51.41 miles
R onto Folly QTR	51.93 miles
Follow to Homewood Round	52.38 miles
Left around and onto Homewood	55.22

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	miles
X Rt 108	57.44 miles
Straight across onto Harpers Farm	57.48 miles
R Cedar lane	58.54 miles
L Freetown	60.3 miles
L onto Guilford Rd becomes Martin	61.3 miles
R onto Hickory Ride to Merriweather	63.17 miles
 Stop	63.32 miles

AID STATIONS

Folly Quarter MS, Mt. Airy Bike Store, High's

FINISH LINE HYDRATION PROVIDED BY



vitamin GLACÉAU water.
it works

GLACÉAU[®]
hydrate responsibly