



www.ulmanfund.org

Reaching Out

FALL 1999

A semi-annual newsletter for friends and supporters of The Ulman Cancer Fund for Young Adults

A note from Doug....

With the new year upon us, I am excited to enter the new millennium as the executive director of The Ulman Cancer Fund for Young Adults. With the help of each of you, we have reached new heights and will continue to provide free innovative support, education and resources to young adults dealing with this dreaded disease.

To further our cause we are initiating The Ulman Cancer Fund For Young Adults' 1st Annual Year-End Giving Campaign. Your generosity will help so many young adults affected by cancer. Thank you on their behalf.

We are currently expanding our support groups as well as our survivor's network so that we can best serve the needs of our constituency.

We will continue to update and improve www.ulmanfund.org and we welcome your input. Please visit the site regularly and as we have just added new features and news updates which will change frequently.

In addition, a new system by which each and every member of The Ulman Cancer Fund family can access and update their record on-line will be in place shortly. Please follow the directions on the web-site to help us keep up to date with your address, e-mail, phone number and other vital information.

The testimonials included in this newsletter serve to remind us all of the difference we are making every day in the lives of young people.

I wish each and every one of you a happy, healthy, holiday season, and I thank you from the bottom of my heart for helping young adults beat the odds and survive cancer.

Best Wishes,

Doug

Survivor's Network - One of the most important services we offer is the connection of survivors, parents, and other young adults affected by cancer with one another for peer support and information exchange. To date we have networked over 100 people with one another. The feedback that we have received from participants in this program has been extremely positive. If you know of anyone who would like to take advantage of this service, have them fill out the form on our web-site or contact us at 410-964-0202.

Support Groups - We are presently running professionally facilitated support groups in Columbia, Maryland and Rhode Island. We are expanding to Baltimore, Maryland and Denver, Colorado this winter. For more information please contact us and continue to check out our support group section on our web-site.

Speakers Bureau - Doug Ulman is available to speak to your group, class or organization about coping with adversity, dealing with cancer, cancer awareness and prevention, and other topics. Other speakers from The Ulman Cancer Fund For Young Adults are available as well. Please e-mail, write or call us for further details.

The Guide To Survival - Visit our web-site at www.ulmanfund.org and check out "No Way! It Can't Be, A Young Adult Faces Cancer" by Doug and Diana Ulman.

Scholarship Information - The Ulman Cancer Fund For Young Adults' Matt Stauffer Memorial Scholarship to support the financial needs of college students diagnosed with cancer who display financial need will be awarded in August. This \$1,000 prize seeks to honor the spirit and courage that Matt displayed in his battle with cancer. At the time of his death, in January, 1998, Matt was a student at Williams College and captain of the men's varsity soccer team.

To qualify for consideration please call for an application or visit our web-site.

NEWSLETTER NOTES

The Coalition For Skin Cancer Prevention of Maryland, of which The Ulman Cancer Fund is a member, is distributing its curriculum for seventh graders statewide in Maryland this year. This curriculum, which was piloted last year in some schools in Maryland was developed under a Center for Disease Control Grant. A video, produced by The Ulman Cancer Fund, in which Doug Ulman explains skin cancer prevention and awareness, is part of the curriculum. Diana Ulman was recently named Task Chair of The Coalition. Check out the coalition web-site at www.sunguardman.org.

EVENT UPDATES

SUMMERFEST '99 was a huge success raising \$23,000! The delicious dinner and service was donated by Carrabba's Italian Grill, the wonderful music was donated by The

Becks. Jaime Costello of News Channel 2 generously donated his time as the M.C., and former Howard County Executive, Chuck Ecker, volunteered as the auctioneer for the new and very popular live auction. The room came alive with decorations by Anne Brunner of Pizazz.

The 3rd Annual ULMAN CANCER FUND SOCCER CLASSIC survived a brutal 100 degree day. Those in attendance were treated to a wonderful display of quality soccer by some of the country's best collegiate players. In addition, everyone was delighted by an appearance by Women's World Cup Champion CARLA OVERBECK, who signed autographs and presented the Matt Stauffer Memorial Scholarship Award to cancer survivor Melissa Tribby at half time. Team Carrabba's beat Team Windsor Electric in an extremely competitive match. Special thanks to all the participants and volunteers who made this event possible. Special thanks to FILA and FILA.COM for their undying support and for the donation of all of the uniforms, balls and T-shirts for the game.

On September 30, 1999, eighty people enjoyed the 1st Annual FILA/ULMAN CANCER FUND GOLF OUTING. It was organized by Todd McDonald of FILA.COM and was held at Greystone Golf Course in Baltimore County. This was a highly successful fundraiser, netting \$5,120.00, and a great time!!!!

DON'T FORGET SUMMERFEST 2000 COMING IN JUNE!!!! We are currently looking for donations for our live and silent auctions to be held in June. Please e-mail us at info@ulmanfund.org with your items and ideas.

TESTIMONIALS

"I am a college student writing a paper about cancer and young people. Your web site is fantastic! Keep up the good work! God bless!"

"I have a 20 year old son with sarcoma cancer. He has survived for almost 2 years now. I am so happy to be able to go through these pages of information to search for the help, support, knowledge we had not received until today. Thank you!"

"Dear Doug, Thank you so much for coming and talking at Garrison Forest School today. Your speech was wonderful and it touched so many of us. Your strength and courage is amazing and truly inspiring."

"I am a 29-year-old psychologist who is waiting for the results of my CAT scan -- I have been told it may be a benign condition, but may be chondrosarcoma. As I wait, I'm coping by educating myself. Your site offered me reassurance and hope, besides just information. Regardless of the results of my tests, your site has been much help to me. Thank you."

"Doug immediately had an impact on my life... He was willing to be open about his feelings and ...he implied to me that it was also okay for me to open up. What I heard him

saying was that the emotional scars of cancer can be much more detrimental than the physical and those too need treatment and healing."